

ARTP Basic Sleep Course - Online

February/March 2022

Session Number	Session Title	Presenter
1	Physiology of normal sleep and breathing	Dr Adrian Kendrick
2	Overview of the pathophysiology of sleep breathing disorders	Lizzie Hill
	Live Online Q & A for Sessions 1 and 2 Monday 28th February 2022 1pm – 1.20pm	Dr Adrian Kendrick and Lizzie Hill (Chair: Sara Parsons)
3	Subjective Assessments (sleepiness, fatigue, depression)	Dr Adrian Kendrick
4	Nocturnal Pulse Oximetry – limitations and interpretation	Laura Jess
	Live Online Q & A for Sessions 3 and 4 Monday 7th March 2022 1pm – 1.20pm	Dr Adrian Kendrick and Laura Jess (Chair: Sara Parsons)
5	CPAP treatment for OSAHS	Alex Perkins
6	CPAP treatment - Side effects, mask fitting tips and considerations	Vicky Cooper
7	CPAP data interpretation with case studies	Shirley Coelho
	Live Online Q & A for Sessions 5, 6 and 7 Monday 14th March 2022 1pm – 1.20pm	Alex Perkins, Vicky Cooper and Shirley Coelho (Chair: Megan Crawford)
8	DVLA guidelines	Sophie West
9	Paediatrics & sleep	Matt Davies
	Live Online Q & A for Sessions 8 and 9 Monday 21st March 2022 1pm – 1.20pm	Sophie West and Matt Davies (Chair: Alan Moore)