

February/March 2022

Session Number	Session Title	Presenter
1	Physiology of normal sleep and breathing	Dr Adrian Kendrick
2	Overview of the pathophysiology of sleep breathing disorders	Lizzie Hill
	<b>Live Online Q &amp; A for Sessions 1 and 2</b> <b>Monday 28<sup>th</sup> February 2022</b> <b>1pm – 1.20pm</b>	<b>Dr Adrian Kendrick and Lizzie Hill</b> <b>(Chair: Sara Parsons)</b>
3	Subjective Assessments (sleepiness, fatigue, depression)	Dr Adrian Kendrick
4	Nocturnal Pulse Oximetry – limitations and interpretation	Laura Jess
	<b>Live Online Q &amp; A for Sessions 3 and 4</b> <b>Monday 7<sup>th</sup> March 2022</b> <b>1pm – 1.20pm</b>	<b>Dr Adrian Kendrick and Laura Jess</b> <b>(Chair: Sara Parsons)</b>
5	CPAP treatment for OSAHS	Alex Perkins
6	CPAP treatment - Side effects, mask fitting tips and considerations	Vicky Cooper
7	CPAP data interpretation with case studies	Shirley Coelho
	<b>Live Online Q &amp; A for Sessions 5, 6 and 7</b> <b>Monday 14<sup>th</sup> March 2022</b> <b>1pm – 1.20pm</b>	<b>Alex Perkins, Vicky Cooper and Shirley Coelho</b> <b>(Chair: Megan Crawford)</b>
8	DVLA guidelines	Sophie West
9	Paediatrics & sleep	Matt Davies
	<b>Live Online Q &amp; A for Sessions 8 and 9</b> <b>Monday 21<sup>st</sup> March 2022</b> <b>1pm – 1.20pm</b>	<b>Sophie West and Matt Davies</b> <b>(Chair: Alan Moore)</b>