Thursday 17th October 2013

10.00 onwards Registration
12.15 – 12.30 Welcome to BSS 25th Anniversary Meeting
Dr P Reading, President BSS; Professor M Morrell, Chair BSS2013 Anniversary Scientific Meeting
12.30 – 13.30 Keynote Lecture Introduced by Professor A Williams, London
The Nature of Cognition During Sleep – Prof R Stickgold, Harvard, Boston, USA
13.30 – 15.00 (Talks 25 + 5 mins)
Symposia: Challenging Areas of Sleep Medicine
Chair: Dr R Riha / Dr P Reading, Middlesbrough
Narcolepsy: Professor K Sonka, Prague
Sleep disordered breathing in Down’s Syndrome: E Hill, Edinburgh
Medico-legal aspects of sleep: Dr J Rumbold, Keele
15.00 – 15.30 Tea
15.30 – 16.15 Keynote Lecture Introduced by Professor K Morgan, Loughborough
Treatment of Insomnia – Prof C Espie, Glasgow, Scotland
16.15 – 17.15
Debate: Statistical versus Clinical Significance in Sleep Medicine
Chair: Dr A Hall, Leicester
The superiority of clinical significance: Professor J Horne, Loughborough
The superiority of statistical significance: Dr S Taheri, Birmingham
17.15 – 18.45 Posters with refreshments
18.45 – 20.00 Reception Whisky and cheese tasting
+ 20.00 – 23.00 Presidents’ & Founders’ Dinner (invitation only)

Friday 18th October 2013

8.00 – 9.00 Tech Breakfast (pre sign-up only)
CTAG: Does it really have a role in sleep medicine or is it play-acting? Organisers: Simone de Lacy and Andrew Morley
9.00 – 9.45 Keynote Lecture Introduced by Dr C Hanning, Leicester
OSAHS and Metabolic Risk – Dr N Punjabi, Baltimore, USA
9.45 – 11.00 (Talks 20 + 5 mins Questions)
Sleep Apnoea UK Trials: Part 1 Joint Session with ARTP-Sleep
Chairs: Dr S West, Newcastle and Dr B Cooper, Birmingham
MOSAIC: CPAP in mild sleep apnoea, Dr S Craig, Liverpool
PREDICT: CPAP in the aging population, Dr A McMillan, London
HoF-HMV-UK: NIV in COPD, Dr N Hart, London
11.00 – 11.30 Coffee
11.30 – 12.20 Sleep Apnoea: UK Trials: Part 2 Joint Session with ARTP-Sleep
TOMADO: Mandibular Advancement Devices and sleep disordered breathing, Dr T Quinnell, Cambridge
ROSA: Sleep disordered breathing and diabetetic retinopathy, Dr S West, Newcastle
12.20 – 12.30 Update on BLF OSA Charter by J Harris, BLF
12.30 – 13.45 Lunch
Paediatric Lunch Symposium (pre sign-up only).
13.45 – 15.30
Sleep and Circadian Rhythms Joint Session with UK Clock Club
Keynote Lecture Introduced by Dr P Reading, Middlesbrough
Light, Clocks and Sleep – Professor R Foster, Oxford, UK
Sleep & Circadian Rhythm Disruption in Neuropsychiatric Disorders, Dr K Wulff, Oxford
Measuring Sleep and Circadian Rhythms in Mouse Models, Dr S Peirson, Oxford
15.30 – 16.00 Tea
16.00 – 17.00 Year in Review
Paediatric: Dr C Hill, Southampton, UK
Adult: New Insights into Mechanisms and Functions of Sleep: Basic Research and Clinical Implications. Dr V Vyazovskiy, Surrey
17.00 – 17.30 Back to the Future with the BSS
Prof C Shapiro, Toronto, Canada
17.30 – 18.30 BSS Annual General Meeting
19.00 – 23.00 BSS 25th Anniversary Dinner with Live Music from Skerryvore

Saturday 19th October 2013

8.00 – 9.00 Tech Breakfast (pre sign-up only)
Joint Session with ARTP-Sleep
Professional Issues in Sleep Medicine MSC, IQIPS, RCCP and DoH Initiatives over Coffee and Bagels
9.00 – 10.00 Keynote Lecture Introduced by Dr M Hack, Newport, Wales
CPAP: How it Happened and What is Next? Prof C Sullivan, Sydney, Australia
10.00 – 11.00 (Talks 10 + 5 mins Questions)
Oral Presentations
Chairs: Dr S Merritt, Conquest Hospital, Hastings & Professor J Shneerson, Cambridge
Young Investigator Award: Customised and ‘off-the-shelf’ mandibular advancement appliances in sleep apnoea: a randomised cross-over trial. Shah P, Manek S, Riha R, Johal A
Prize Abstracts: Dr Claire McGhee, Ayrshire and Arran NHS Trust; Yue Leng, University of Cambridge; Dr Ranata Riha, University of Edinburgh; Andrea Darling, University of Surrey
11.00 – 11.30 Coffee
11.30 – 13.45 Keynote Lecture Introduced by Professor M Morrell, London
25 Years of BSS
Past: Professor Sir N Douglas, Edinburgh, Scotland
Present: Professor J Stradling, Oxford, UK
The Next 25 Years: Professor A Pack, Philadelphia, USA
13.45 – 15.30
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See you in 2015!